

EXTENSION FAMILY AND CONSUMER SCIENCES

Educates families to become healthier, more productive, financially independent, and environmentally responsible.

Believes

- Families are the most effective unit to build a competent society.
- Families must meet their basic needs before they can face challenges of the future.
- Families and communities depend on each other. When one is strong and healthy, so is the other.

Works with

- Our federal, state and county partners dedicated to practical problem-solving education.
- Our co-workers at The University of Georgia, to give families access to the latest research and information.
- Other public and private organizations and individuals who collaborate with the Extension Service to deliver education to families.

Families Are Our Future

The family is the foundation of a positive, caring society. Healthy families tend to produce healthy children who mature into responsible, contributing adults. Our nation's future rests on the building blocks of strong families.

- * Mothers who understand prenatal care and nutrition;
- * Healthy, thriving children whose parents know how to care for them;
- * Responsible, self-sufficient families and individuals who contribute to better communities;
- * Families that have adequate clothing, housing, and food.

Augusta-Richmond County

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706-821-2584 (FAX)

Columbia County

706-868-3413
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The University of Georgia and Ft. Valley State College, the U.S. Department of Agriculture and counties of the state cooperating. The Cooperative Extension Service offers educational programs, assistance and materials to all people without regard to race, color, national origin, sex or disability. An equal opportunity/affirmative action organization committed to a diverse work force.
AN EQUAL OPPORTUNITY EMPLOYER

AUGUSTA - RICHMOND AND COLUMBIA COUNTIES

EXTENSION FAMILY AND CONSUMER SCIENCES



***Learning for Life . . .
for Georgia Families***

**The University of Georgia
Cooperative Extension**

College of Agricultural & Environmental Sciences
College of Family & Consumer Science

The University of Georgia

county faculty based in Augusta-Richmond and Columbia Counties is:

Betty English
County Extension Agent
Faculty Rank:
Public Service Associate

Programs offered are based on the current needs assessments identified by the Extension Leadership System:

Nutrition, Diet and Health

- * Reducing The Risk of Food Borne Illness:
 - ServSafe Instructional Classes
 - HACCP Instructional Classes
- * Decrease Risk of Chronic Disease:
 - Heart
 - Cancer
 - Diabetes
- * Pre-natal Care for Un-wed & Teen Mothers
- * Improving Nutrition and Exercise Habits
- * Increasing Knowledge of Food Budgeting
- * Educational Events - 4-H Technical Support

Family Development & Resource Mgt.

- * Improving Quality of Life for Senior Citizens
- * Developing Parenting Skills and Support
- * Providing DHR Requirements:
 - Child Care Providers
 - Personal Care Home Providers
 - DFCS - Foster Parent Programs
- * Developing Financial Self-Reliance
- * Increasing awareness of In-door Air Quality
- * Educational Events - 4-H Technical Support

Mission Statement

Our goal is to improve the quality of life for individuals and families. We want to help Georgians meet new challenges in a changing environment. We focus on our clients' economic and social well-being through programs that help people extend their incomes, improve their health and strengthen their personal and family relationships.

EXTENSION FAMILY & CONSUMER SCIENCES



HEALTH and NUTRITION

Preventing injury and disease
Developing safe food handling and preservation skills
Promoting health and wellness



RESOURCES

Developing financial self-reliance
Increasing environmental responsibility (in-door air quality)
Improving consumer skills



RELATIONSHIPS

Developing parenting skills and support
Fostering positive youth development
Improving child and elder care